

Academic Plan TRANSFORMATION IN MOTION



 $2022 \rightarrow 2027$

Our Foundation

The explicit inclusion of physical education, physical activity and sport as key enablers in the **United Nations' Sustainable Development Goals** illustrates just how essential the benefits of movement are to our lives.

These **Sustainable Development Goals** include health and well-being across the lifespan; quality education and lifelong learning; equity and inclusion; safe, liveable cities; economic growth; and action against climate change.



Our Process

Pollination

Initial directions and aspirations were set and informed in the "**pollination**" phase. This exciting process brought our community together to share insights and ideas for in-depth discussion and consideration. Focus groups with faculty, students, instructors, staff, alumni and community members sparked conversations about the kind of impact we want to have.

Strategy Hives

We held **"strategy hives"** with more than 500 faculty, staff, students, alumni and key partners to create a new vision and directions for our future.

Harvesting

The final phase involved **"harvesting"** information gleaned from the "strategy hives" to develop priorities, goals and objectives for further consultation. The outcome of this extensive process was a powerful commitment to a **new vison statement**.





To develop, advance and disseminate knowledge about physical activity, health and their interactions through education, research, leadership and the provision of opportunity.

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Vision

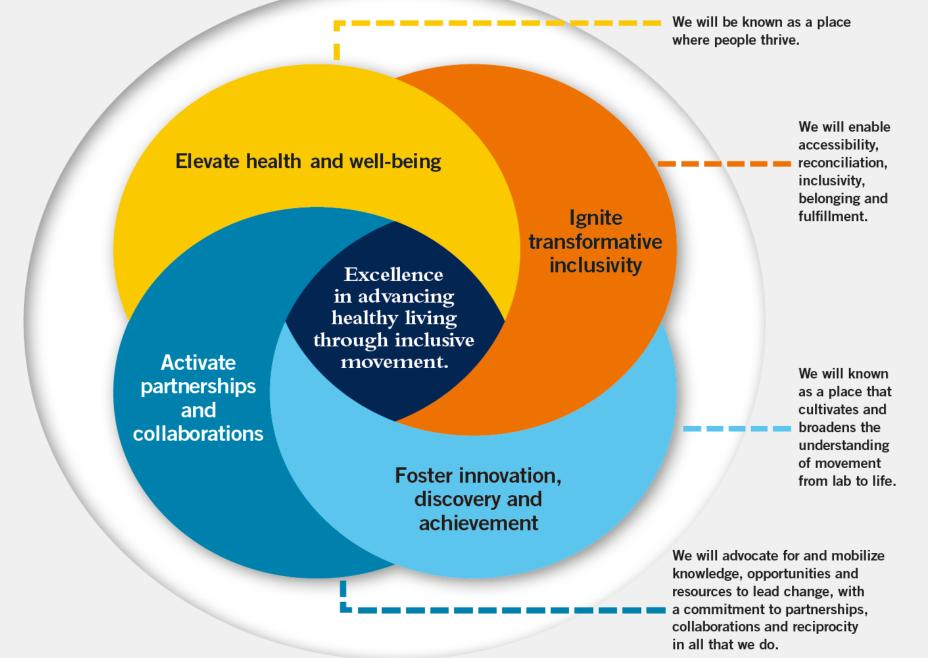
Excellence in advancing healthy living through inclusive movement.

Our Commitments

- \checkmark Equity, accessibility, diversity, inclusivity and belonging
- \checkmark Reconciliation with Indigenous Peoples
- \checkmark Integrity in all decisions and actions
- \checkmark Leadership in education, research and governance
- Excellence in all areas of well-being, discovery, innovation and collaboration

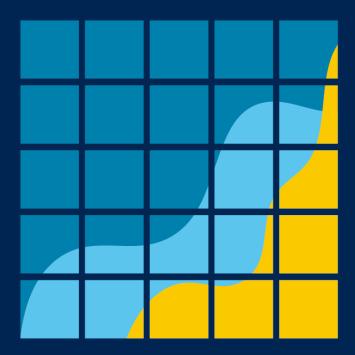
Kinetic Knot

Over the next five years, we commit to contributing to a healthier, more just world by advancing understanding of the fundamental relationships between movement and individual, community and environmental health and well-being.





Elevate Health and Wellbeing



Movement, through physical activity, play or sport, is a human right and essential to the health of individuals and communities.

Goal

We will have local and global impact on the understanding and practice of the fundamental relationship between movement and the health and well-being of individuals, communities and the environment.



Ignite Transformative Inclusivity



Health and movement are human rights.



Goal

We will advance our culture, programs, operations and spaces to enable accessibility, reconciliation, equity, inclusivity, belonging and fulfillment.



Foster Innovation, Discovery and Achievement



The university is a place for discovery, critical thought, creativity, innovation and growth.



Goal

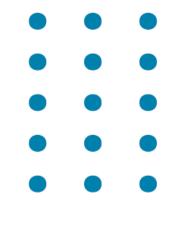
We will be known for having an institutional culture that encourages and supports discovery, innovation and achievement — a place where people thrive.

Activate Partnerships and Collaborations



STRATEGIC FOCUS

Partnerships and collaborations are fundamental to knowledge mobilization and exchange, advocacy and stewardship of meaningful, sustainable change.



Goal

We will advocate for and mobilize knowledge, opportunities and resources that lead to meaningful change, including a commitment to reciprocity in all that we do. $\begin{array}{c} \times \times \times \times \\ \times \times \times \\ \times \times \times \end{array}$

Let's get moving!

FACULTY OF KINESIOLOGY & PHYSICAL EDUCATION